Actions for High and Medium Risk Employees

According to the CDC, our behaviors and interactions determine the level of risk we expose ourselves to when it comes to respiratory illnesses like COVID-19. The CDC describes the potential for these exposures in 3 levels: High, Medium and Low.

**High Risk:** Caring for a sick/symptomatic patient or family member that is believed to be positive of COVID-19 without utilizing any protective measures (handwashing, covering of mouths during coughing, wearing gloves, wearing face masks, etc.). The CDC recommends that you remain home for 14 days after potential or high-risk exposure. You will be asked to isolate during that time.

**Medium Risk:** Caring for a sick family member and exercising some respiratory illness cautionary measures like avoiding coughing on each other. Handling secretions of a positive COVID patient is considered Medium Risk, not High, because handling contaminated surfaces is not believed to be primary means of transferring the virus. Actions such as washing hands after handling secretions from a sick person, exercising some level of social distancing and disinfecting frequently touched surfaces that could be contaminated puts you at **Low Risk**.

*When an employee cannot rule out being in the Medium Risk category, ask the employee to help mitigate increasing their risk potential by doing the following:*

**Pre-Screen**: Take your temperature and assess symptoms prior to starting work. Ideally, temperature checks should happen before you leave home or enter the facility.

**Regular Updates:** If you do not have a temperature or other symptoms, the employee should continue to self-monitor under the supervision of and communication with company management. Maintain contact with the company’s doctor on call if one has been retained by the company.

**Wear a Mask**: You will need to wear a face mask at all times while in the workplace for 14 days or until a doctor has cleared you for removal of this restriction. Each company’s policy may differ slightly regarding face mask use; consult your company’s policy to ensure all guidelines are being followed.

**Maintain Social Distance**: It is each employee’s responsibility to maintain six (6) feet distance from your work colleagues as all times.

**Disinfect and Clean Workspaces and Frequently Touched Surfaces**: Clean and disinfect all areas such as doorknobs, bathrooms and any other shared areas or electronic equipment routinely.

***Your participation in the above-stated measures and actions will help prevent the spread of COVID-19 and other illnesses.***